



PE Long Term Overview
Subject Leader: Mrs Cornwell
2022-2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS-fundamental movement skills	EYFS-FMS Jack and the beanstalk	FMS Superworm	FMS-Transport	FMS-Hungry Caterpillar	FMS-minibeasts
Year 1	Y1 FMS-baseline unit lost and found Y1 FMS rolling a ball	Dance-Fire fire Gymnastics	FMS bouncing and catching a ball Gymnastics	FMS-Zog FMS-underarm throw	FMS-overarm throw Y1 athletics	FMS Tri Throlf Dance-Seaside
Year 2	Gymnastics Y2 FMS playground games in the 20 th century	Gymnastics Y2 FMS Bounce ball	Games-piggy in the middle Dance-Explorers	FMS and gym-Jack and the beanstalk Dance-Wind in the willows	Games-net and wall Games-striking and fielding	Y2 athletics FMS end of KS1 assessment
Year 3	Gymnastics Invasion games-handball	Invasion games-netball Games-net and wall	Dance-Rock and Roll Gymnastics	Dance-Ironman Invasion games-rugby	Striking and fielding-rounders OAA-trust and trails	Striking and fielding-cricket Athletics
Year 4	Dance-Spark's night fly Gymnastics	Dance-The Great Plague Invasion games-basketball	Target games-Dodgeball Gymnastics	Target games-Boccia Games-net and wall	Striking and fielding-cricket Invasion games-rugby	Athletics Net and wall-core task 2
Year 5	Swimming Invasion games-rugby	Creative games Orienteering	Dance-Earthlings Gymnastics	Dance-Highwayman Gymnastics	Swimming Net and wall-tennis	Striking and fielding-rounders Athletics
Year 6	Gymnastics Invasion games-hockey	Gymnastics OAA	Dance-Seaside Creative games	Striking and Fielding Invasion games-netball	Striking and fielding-rounders Net and wall-tennis	Athletics Dance-Heroes and villains
Events/trips	Multi skills-inclusion festival Harold Slater shield					Race For life Sports week