



# COFFEE MORNING & AFTERNOON



## Sahara in Preston



**FREE & FRIENDLY!**  
**MONDAY 10AM-12PM**  
**TUESDAY 1PM-3PM**  
**WEDNESDAY 1PM-3PM**  
**THURSDAY 1PM-3PM**

COFFEE SESSIONS FOR WOMEN, HELD EVERY WEEK. COME JOIN US AS WE DISCUSS HEALTH AND WELLBEING, DAILY ISSUES AND ENJOY ART & CRAFTS SESSIONS ALONG SIDE US. A FANTASTIC WAY TO MEET NEW PEOPLE, AND LEARN MORE ABOUT YOUR COMMUNITY.

CONTACT US FOR MORE INFORMATION:  
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